SUN	MON	TUE	WED	THUR	FRI	SAT
This is a preliminary version subject to change**				This is a Preliminary Version***111:00 Trivia Challenge-Resident Led (AR)12:00 Exercise with Mark 3:00 Happy Hour (3rd Floor) 7:00 Open Activity	9:30 Lecture (3rd Floor) 2 2:00 Functional Fitness w/ Continuum Thearpy (3rd Floor) 3:00 Sign Language Class with Mary Ann (AR)	10:00 Meditation with Cheri (3rd Floor)311:00 Read to Me w/ Shirley (Library)3:00 Tai Chi (3rd Floor)6:30 Kentucky Derby Party (3rd Floor)
8:00 Sunday Catholic Mass (channel 184 or 597 on Comcast) 11:00 Deacon Bob (3rd Floor) 2:00 Blackjack w/ Bea (Activity Room) 2:00 Coloring Group (Activity Room) 7:00 Bunco (River Room)	Cinco de Mayo 11:00 Jeopardy (3rd Floor) 2:00 Wii Bowling (3rd Floor) 4:00 Fitness with Coach (3rd Floor)	9:00 Morning Moving Group- Walk outdoors (Meet in Lobby) 11:00 Rico's Restaurant 3:00 Men's Cornhole (3rd Floor)	10:30 Library Outreach w Anthony (AR)711:00 Chair Yoga (3rd Floor) 2:00 Pittsburgh Mills Trip on Wednesday7:00 Movie Night & Popcorn (3rd Floor)	3:00 Happy Hour (3rd	9:30 Lecture (3rd Floor) 11:00 Card Making with Mary Ann (Activity Room) 2:00 Functional Fitness w/ Continuum Thearpy (3rd Floor) 3:00 Sign Language Class with Mary Ann (AR)	10:00 Meditation with Cheri (3rd Floor) 11:00 Knitting Club (By the Fireplace) 11:00 Read to Me w/ Shirley (Library) 2:00 Women's Tea (Activity Room) 3:00 Zumba (3rd Floor)
Mother's Day 8:00 Sunday Catholic Mass (channel 184 or 597 on Comcast) 2:00 Blackjack w/ Bea (Activity Room) 2:00 Coloring Group (Activity Room) 7:00 Game Night (By the Fireplace)	<ul> <li>11:00 Jeopardy (3rd Floor)</li> <li>2:00 Wii Bowling (3rd Floor)</li> <li>4:00 Fitness with Coach (3rd Floor)</li> </ul>	<ul> <li>9:00 Morning Moving Group- Stretching (3rd Floor)</li> <li>11:00 Kubricks Garden Center &amp; Lunch</li> <li>2:00 Gardening Club (Back Courtyard)</li> <li>3:00 Men's Cornhole (3rd Floor)</li> </ul>	<ul> <li>10:30 Library Outreach w Anthony (AR)</li> <li>2:00 Dietary Meeting (3rd Floor)</li> <li>2:00 Dietary Meeting (3rd Floor)</li> <li>2:00 Pittsburgh Mills Trip on Wednesday</li> <li>3:00 Cardio Drumming (3rd Floor)</li> <li>7:00 Big Bingo (Dinning Room)</li> </ul>	<ul> <li>11:00 Trivia Challenge-Resident Led (AR)</li> <li>2:00 Exercise with Mark</li> <li>3:00 Happy Hour (3rd Floor)</li> <li>7:00 Open Activity</li> </ul>	<b>T'</b>	10:00 Meditation with Cheri (3rd Floor) 11:00 Read to Me w/ Shirley (Library) 3:00 Tai Chi (3rd Floor) 7:00 Berry Blast Party w/ DJ Bob (3rd Floor)
8:00 Sunday Catholic Mass (channel 184 or 597 on Comcast) 2:00 Blackjack w/ Bea (Activity Room) 2:00 Coloring Group (Activity Room) 7:00 Bunco (River Room)	<ul> <li>11:00 Jeopardy (3rd Floor)</li> <li>2:00 Wii Bowling (3rd Floor)</li> <li>4:00 Fitness with Coach (3rd Floor)</li> </ul>	9:00 Morning Moving Group- Walk outdoors (Meet in Lobby) 11:00 Trip to Shanksville (9/11 Tribute) 3:00 Men's Cornhole (3rd Floor)	10:00 Bereavement Support (3rd Floor) 10:30 Library Outreach w Anthony (AR) 11:00 Chair Yoga (3rd Floor) <b>2:00 Art With Janet</b> 2:00 Pittsburgh Mills Trip on Wednesday 7:00 Wii Bowling (3rd Floor)	<ul> <li>11:00 Trivia Challenge-Resident Led (AR)</li> <li>2:00 Exercise with Mark</li> <li>3:00 Happy Hour Birthday Celebration</li> <li>7:00 Open Activity</li> </ul>	Fitness w/ Continuum Thearpy	<ul> <li>10:00 Meditation with Cheri (3rd Floor)</li> <li>11:00 Knitting Club (By the Fireplace)</li> <li>11:00 Read to Me w/ Shirley (Library)</li> <li>3:00 Zumba (3rd Floor)</li> <li>5:30 Candlelight Dinner (Mother's Day) (Dining Room)</li> </ul>
8:00 Sunday Catholic Mass (channel 184 or 597 on Comcast) 2:00 Blackjack w/ Bea (Activity Room) 2:00 Coloring Group (Activity Room) 7:00 Game Night (By the Fireplace)	(3rd Floor) 2:00 Wii Bowling (3rd	9:00 Morning Moving Group- Streatching (3rd Floor) 11:00 Walking tour of Aspinwall lunch and shopping 3:00 Men's Cornhole (3rd Floor) 3:00 Piggy Bank Races (Activity Room)	10:30 Library Outreach w Anthony (AR) 2:00 Pittsburgh Mills Trip on Wednesday 2:00 Resident Meeting (3rd Floor) 3:00 Book Club Meeting (Library (2nd Floor)) 7:00 Movie Night & Popcorn (3rd Floor)	Led (AR) 2:00 Exercise with Mark 3:00 Happy Hour (3rd Floor)	9:30 Lecture (3rd Floor) 2:00 Functional Fitness w/ Continuum Thearpy (3rd Floor) 3:00 Sign Language Class with Mary Ann (AR)	<ul> <li>10:00 Meditation with Cheri (3rd Floor)</li> <li>11:00 Read to Me w/ Shirley (Library)</li> <li>3:00 Tai Chi (3rd Floor)</li> </ul>

## May 2025

Lighthouse Pointe ALL ACTIVITIES AND OUTINGS ARE SUBJECT TO CHANGE



